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9 Treatments & Products to Save Your Hair This Summer

BY CAIT ROHAN | JUNE 4, 2015 | STYLE & BEAUTY

Summer is a tough time for hair—between beach days, lounging by the pool, and outdoor activities, it's subject to damage from sun, chlorine, and more. And then there's the fact that your hair is supposed to look shiny and healthy at all this summer's weddings, galas, and backyard parties, too. We rounded up some of the top hair talents in NYC to get their take on the best treatments and products for saving your hair this summer.

TREATMENTS

1. Treatment: ShuBar Treatment at Roman K Salon



Price: \$40; additional \$50-\$85 with a blowdry

What It Is: Thirsty? Both you and your hair can enjoy a drink at this salon, which features a bona-fide onsite bar and the ultimate moisture-rich service: a personalized ShuBar Treatment for which stylists mix together Shu Uemura products to create the perfect cocktail for your hair. The service leaves your locks lustrous and soft immediately, and for long after the treatment is over.

Why It Works For Summer: “The ShuBar is my favorite summertime treatment because it uses the art of mixology, giving the stylist flexibility to create a custom treatment for each client, as needed,” says Roman Kusayev, owner of Roman K Salon. “With the ShuBar, you blend the Master Base with shots of Moisture Master Serum, Instant Replenish Serum, and/or the Repair Serum. Coming in to the summer, hair is usually very dry so I love adding extra shots of the Moisture Master Serum into my blend because it contains Gardenia Oil and Vitamin E, which add the needed moisture into the hair, protect from dehydration, and provide elasticity.”
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